Vibrant Emotional Health

Community Programming at Vibrant



At Vibrant Emotional Health, we understand that every person's journey to care and well-being is unique. That's why our community-based programs are thoughtfully designed to meet the individual needs of each person or family. Whether someone is in crisis or dealing with everyday challenges, our comprehensive and interconnected services offer tailored support, connect young people and older adults with the resources they need, and empower them to build fulfilling lives. **We meet people where they are, offering compassionate, responsive, and holistic care that helps everyone thrive emotionally for years to come.**

Adolescent Career and Development Center

Located in the Bronx, the Adolescent Career and Development Center (ACDC) empowers young people ages 16 through 21 with psychiatric needs to explore careers, develop meaningful and lasting mentorships, and gain hands-on work experience. Through vocational instruction, resume building, interview preparation, and lifelong skill-building, students are guided to secure jobs, internships, and volunteer opportunities.

Coordinated Children's Services Initiative

The Coordinated Children's Services Initiative (CCSI) partners with families, youth, government agencies, and community providers to assess care systems for adolescents and young adults in NYC with the goal of enhancing impact. CCSI advocates for youth and family involvement in service planning, addresses complex multi-agency challenges, and promotes system-wide change through Borough Based Councils, a Youth Advisory Council, and the Citywide Oversight Committee.

Adolescent Skills Center

With locations in the Bronx, Manhattan, and Queens, our Adolescent Skills Centers (ASCs) support young people ages 16 through 21 with emotional and behavioral challenges to co-create tools for a more secure and stable future. Through career exploration, GED prep, life skills training, and counseling, we help participants gain confidence, independence, and the tools they need to achieve their life goals.

Child and Adolescent Care Coordination

The Child & Adolescent Care Coordination program, available in the Bronx, Brooklyn, Manhattan, and Queens, helps Medicaid-eligible youth under 21 navigate complex medical, behavioral, and educational systems to get the services they need. We create personalized care plans, connect families to providers, and advocate for the services they need to build healthier, more stable lives.

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Family and Youth Peer Support

The Family and Youth Peer Support Services (FYPS) provide free, empowering, and culturally-competent support for NYC parents, caregivers, and youth 24 and younger facing emotional or behavioral challenges. Available in the Bronx, Queens, and Staten Island, our multilingual peer advocates use their lived experiences to compassionately and effectively offer community-centered support groups, parenting workshops, advocacy, and referrals.

The Fellowship Initiative

The Fellowship Initiative (TFI), in partnership with JP Morgan, supports young men of color in high school and their families with culturally-relevant socioemotional support, clinical crisis intervention, and group wellness workshops. With nearly 500 fellows nationwide, our programs across major U.S. cities provide trauma-informed case management, relationship and community-building, and healing-centered resources and events to ensure these young men and their caregivers thrive.

Older Adult Assertive Community Treatment Team

Based in the Bronx, serving citywide, the Older Adult Assertive Community Treatment (ACT) Team provides 24/7 mobile, community-based support for adults 50 and older with serious mental illness. Our multidisciplinary team helps participants build independence through personalized mental health care, medication support, and skills development, ensuring they can live fulfilling lives in their communities.

Queens Affirming Youth and Family Alliance

The Queens Affirming Youth and Family Alliance (QAYFA) provides free, culturally-competent, and trauma-informed peer support for LGBTQIA+ youth ages 12–24 and their families. Services include affirming counseling, peer support, caregiver workshops, and referrals, creating a safe space for connection, healing, and empowerment. No insurance is required; Virtual options are available.

Youth and Family Wellness Services

Youth and Family Wellness Services (YFWS), a remote team that serves the Bronx, Manhattan, and Queens offers therapy, rehabilitation, and family peer support to children and youth ages 5 through 21 experiencing mental health or substance abuse issues. Services are delivered in family homes or nearby spaces, empowering families with compassionate support that meets them where they are.

