



# Vibrant Emotional Health helps all people achieve mental and emotional well-being through groundbreaking solutions that provide support when, where, and how they need it.

One of the nation’s leading mental health organizations, Vibrant has been delivering high-quality and accessible programming and advocated for mental health awareness, education, and services for 55 years. We envision a world where all people, families, and communities can achieve mental and emotional well-being with dignity and respect.

Vibrant proudly delivers mental health programs across the nation, including:



Vibrant Emotional Health leverages public-private partnerships, cutting-edge technologies, and a comprehensive suite of crisis and wellness services to deliver care nationwide.

## We provide:

### ! Immediate Support

Our solutions strive to make it easy for people to find the mental health and well-being care they need through a variety of 24/7 services, ensuring help is a call, text, or online chat away.

### ! Ongoing Care

Our staff of trained specialists provide youth, adults, families, and communities with the tools and skills necessary to get or stay on track to lead healthy and fulfilled lives.

### ! Lasting Impact

Our team and partners champion systemic change through advocacy and education initiatives that promote access to mental health resources for all.

## How can Vibrant support you?

We can help you identify and address the mental health and emotional wellness needs of your workplace through strategic advising, interactive and dynamic workshops, multi-session training, online courses, and other experiences.

Join us in creating a Vibrant future for all.  
Visit [vibrant.org](https://vibrant.org) and follow us on social [@vibrantforall](https://twitter.com/vibrantforall).

