

## FOR IMMEDIATE RELEASE

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Vibrant Emotional Health's Crisis Emotional Care Team Receives Grant from Elevance Health Foundation to Support Community Resiliency and Disaster Relief

**New York, NY – March 5, 2024** - <u>Vibrant Emotional Health (Vibrant)</u>, one of the nation's leading mental health organizations, is proud to announce that its Crisis Emotional Care Team (CECT) has secured a \$225,000 grant from the <u>Elevance Health Foundation</u>. This generous grant recognizes CECT's tireless efforts in expanding community resiliency and providing crucial disaster relief support.

This funding will enable CECT, a team of volunteer emotional care providers committed to effectively and intentionally alleviating and mitigating the emotional suffering that can arise in the wake of disaster or crises, to expand its reach and impact further, ensuring that individuals and communities facing adversity have access to vital emotional care resources and support services. CECT provides just-in-time support and care to those in the acute and longer-term recovery phases of a natural or human-caused disaster or crisis. The CECT team fosters individual and community resiliency by training emotional care providers to work collaboratively with those affected - to build capacity, self-efficacy, and the ability to apply standards of excellence and best practices.

"We are immensely grateful to the Elevance Health Foundations for their generous grant in support of community resiliency and disaster relief efforts," said Lesleigh "LIU" Irish-Underwood, Chief External Affairs Officer + Head of Brand of Vibrant Emotional Health. "This partnership underscores our shared commitment to fostering emotional well-being during times of crisis. With this vital support, we can continue providing essential resources and services to those in need, empowering communities to thrive in adversity."

"Mental health, often overlooked in crisis situations, is integral to disaster response," **said Shantanu Agrawal, M.D., Chief Health Officer at Elevance Health.** "This partnership reinforces the Elevance Health Foundation's commitment to building resiliency, assuring everyone that their emotional well-being is just as much a priority as their physical safety."



Vibrant remains dedicated to its mission of transforming emotional health care for all. Through partnerships with organizations like the Elevance Health Foundation, Vibrant continues to make a meaningful difference in the lives of individuals and communities nationwide.

The CECT is always seeking members to join the cadre. If you have experience providing emotional or mental health care and would like to be a part of the team, visit <a href="https://www.vibrant.org/what-we-do/advocacy-policy-education/crisis-emotional-care/">https://www.vibrant.org/what-we-do/advocacy-policy-education/crisis-emotional-care/</a>

To learn more about Vibrant Emotional Health, visit www.vibrant.org.

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## **About Vibrant Emotional Health**

Vibrant Emotional Health is a non-profit organization that helps individuals and families achieve emotional wellbeing. For over 50 years, our groundbreaking solutions have delivered high-quality services and support when, where and how people need it. We offer confidential emotional support through our state-of-the-art contact center and crisis hotline services that use leading-edge telephone, text and web-based technologies, including the 988 Suicide & Crisis Lifeline, Disaster Distress Helpline, Veterans Crisis Line, and NFL Life Line. Through our community wellness programs, individuals and families obtain the support and skills they need to thrive. Our advocacy and education initiatives promote mental wellbeing as a social responsibility. We help nearly 5 million people live healthier and more vibrant lives yearly. We're advancing access, dignity and respect for all and revolutionizing the system for good. Visit vibrant.org. Follow Vibrant on Twitter, Facebook, and Instagram.