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# V!brant Together

Hope happens here. Stories of inspiration, innovation, and insight.



Happy New Year! As we embark on the journey into 2024, we are so thankful to have you as an important part of the Vibrant community. Your support fuels innovative technology and programs, broadens access to essential resources, and advocates for a society where mental health care is prioritized. **Together, we are transforming mental healthcare nationwide.**

The year ahead brims with potential, and your partnership empowers us. Your generosity resonates deeply, inspiring a world where every person can achieve emotional well-being with dignity and respect. Together, we will make a profound impact on countless lives across the country. **Thank you for joining us!**

## Bundle up and read on!

[Empowering Families: Vibrant Emotional Health Awarded Grant to Launch Support Program for Families with LGBTQI+ Youth](#)

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## [Empowering Families: Vibrant Emotional Health Awarded Grant to Launch Support Program for Families with LGBTQI+ Youth](#)



“Opening the doors of mental health support to LGBTQI+ youth and their families is not just an act of inclusion; it’s a **beacon of hope**, a **promise of resilience**, and a testament to our work at Vibrant to strengthen our efforts to address the needs of **LGBTQI+ youth and their families.**”

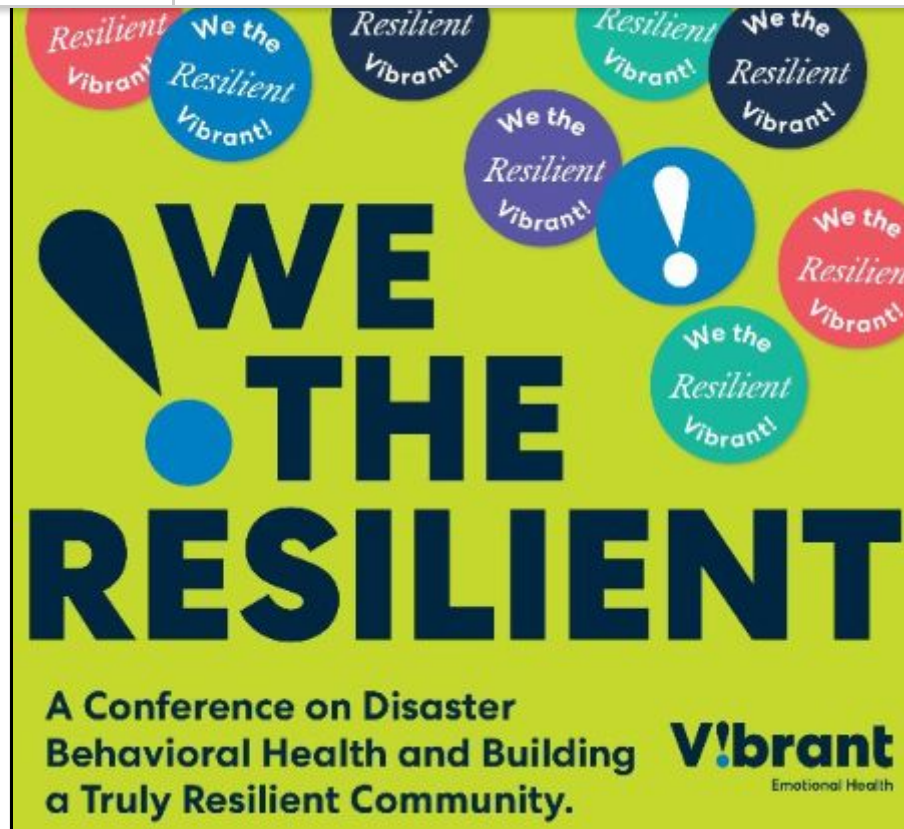
Lisa Furst, Chief Program Officer  
Vibrant Emotional Health



In 2024, Vibrant is excitedly expanding our work with the LGBTQIA+ community in partnership with the Substance Abuse and Mental Health Services Administration (SAMHSA). The grant awarded serves as transformative funding dedicated to expanding access to **crucial mental health support for LGBTQI+ youth and their families and caregivers** in Queens, New York. The newly funded Vibrant program pioneers innovative aid and resources, alleviating the isolation and stress that youth and families undergo when a young person is experiencing emotional and behavioral difficulties and opening the doorway for personal empowerment. This will be a first-of-its-kind initiative, ensuring those who need mental and emotional support receive the essential and specialized care when, where, and how they need it.

[Learn More](#)

## [Save the Date: Fourth Annual Disaster Behavioral Health Conference in Nashville](#)

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In a time marked by the rising frequency of natural and human-caused disasters, Vibrant is ecstatic to announce the dates of the fourth annual Vibrant Disaster Behavioral Health conference. Whether you work in the field or are simply interested, join us for a dynamic gathering of experts from Vibrant and leaders in Disaster Mental Health Services gathering to showcase cutting-edge innovation and share expertise. 2024's conference theme, **"We The Resilient: A Conference on Disaster Behavioral Health and Building a Truly Resilient Community"** encapsulates our commitment to elevating a human-first approach to systems and structures that build up communal resilience in a sustainable and equitable way. Save the date for this event scheduled for October 1st - 3rd, 2024 in Nashville, TN. Together, let's pave the way for a future marked by strength, togetherness, and community support.

[Learn More](#)

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## [The Tech Behind the 988 Lifeline with Grant Riewe](#)

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Ever wonder how a national crisis network can answer almost a [half million contacts in a month, with an average speed of one minute and ten seconds](#)? Grant Riewe, Vibrant's Chief Technology Officer (CTO) was interviewed on the Experts of Experience Podcast, illustrating how technology and innovation in crisis care are saving lives every single day. Grant shared his journey in innovating mental health services, particularly the 988 Suicide & Crisis Lifeline (988 Lifeline), demonstrating how technology can be a powerful tool in providing life-saving support when, where, and how people need it.

[Listen on Spotify](#)

[Listen on Apple Music](#)

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**[Collaborative Excellence: Vibrant and SAMHSA partner to host the 988 Contact Center & Mobile Crisis Team Connections Summit](#)**



In December, Vibrant and the Substance Abuse and Mental Health Services Administration (SAMHSA) brought together representatives from over forty 988 Contact Centers and Mobile Crisis Teams, along with experts from partner organizations, at the Mobile Crisis Team Connections Summit. With the goals of mutual learning, fostering a deeper understanding, strengthening the 988-MCT relationship, and devising innovative strategies for collaborative success, the summit allowed participants to bring together ideas, perspectives, and experiences from across the US and territories regarding the interconnectedness between 988 Contact Centers and MCTs. The summit was facilitated by Director of Crisis Continuum, Amanda Miller, and Program Manager, MCT, Jess Spohn in Rockville, MD.

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## Embracing Connection, Eliminating Isolation



The need for connection becomes even more vital during these cold and dark months. That's why we are dedicated to making a difference in the lives of those who are grappling with the challenges of isolation and loneliness. Thank you for being a part of our Vibrant community, where we strive for a world where **everyone can achieve emotional well-being with dignity and respect.**

Our donor community is one that believes in empathy, understanding, and resilience. As we step into this new year, we look forward to continuing this work hand-in-hand with partners like you to bring support to every person who needs it. In 2024, we will work to:

- **Accelerate Access to Equitable Mental Health Support:** Everyone deserves access to equitable mental health support, and this year we will strengthen and scale our programs and services to help even more people achieve mental and emotional well-being.
- **Increase National Mental Health Awareness:** Increased mental health awareness and advocacy can help save lives and create positive change across our nation.
- **Advance Technology-Enabled Improvements in Mental Health:** The power of research, coupled with technology-enabled solutions, are driving innovative improvements in mental health care at a pace we've never seen before. This ensures we reach millions more people every year.

At Vibrant, we believe in the transformative power of community, empathy, and support. By becoming a donor, you're not just contributing to a cause; you're joining a community dedicated to embracing connection and eliminating isolation. Your contribution helps us provide crucial mental health services, educational initiatives, and outreach programs that touch the lives of individuals and families in need all over the country.

## Vibrant in the News

[Kim Williams Receives Behavioral Health Public Service Award](#)

*InUnity Alliance*

["988 Lifeline helps tens of thousands of people, calls increase"](#)

*Fox 8*

["Coping during the holidays"](#)

*Brainerd Dispatch*

["988: Suicide awareness and support at the holidays"](#)

*The Cullman Tribune*

["988 lifeline team recognized for helping those in need"](#)

*Oklahoma's News*

["Holiday Depression and Suicide Prevention with Shye Louis, AVP Clinical Standards, Training & Practices \(988 Lifeline\)"](#)

*Beach 105.5 News*

["988 Mental Health During the Holidays"](#)

*NBC4 Washington*

["Johnson County's 988 crisis line team has new home, next to 911"](#)

*KCTV5*

["Everyone can play a role in preventing suicide"](#)

*Chicago Sun-Times*

["988 Suicide & Crisis Lifeline providing emotional support following shooting on UNLV campus"](#)

*KSNV*

["Hollywood actors filming 988 Super Bowl ad in OKC"](#)

*Yahoo*



### Let's get social!



# Vibrant

## Emotional Health

# Hope Happens Here.

Did you know Vibrant has earned the 2023 Gold Seal of Transparency on GuideStar? Check out our nonprofit profile by clicking on the seal below.



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