

V!brant Together

Hope happens here. Stories of inspiration, innovation, and insight.

Vibrant's February Round-Up



Thank you for your steadfast support! **Because of you, we are building a world where everyone can access mental health care where, when, and how they need it.**

Your kindness and dedication not only touches our hearts, but is a beacon of hope for those we serve. Whether you have supported suicide prevention, our innovative programs, educational and advocacy initiatives, or any aspect of our mission, **know your contribution is creating a world where compassion and care thrive.** The love you've shown echoes in the lives of countless individuals and families who benefit from our work.

This newsletter is a valentine filled with joy, connection, and the knowledge that your support makes a meaningful difference.

Cuddle up and read on!

[NFL Star Brandon Marshall is "Doing Things Differently"](#)

[Grand Opening of our New National HQ](#)

[Realty & Resilience: Vibrant Collaborates with WX Women of NY for a Holistic](#)

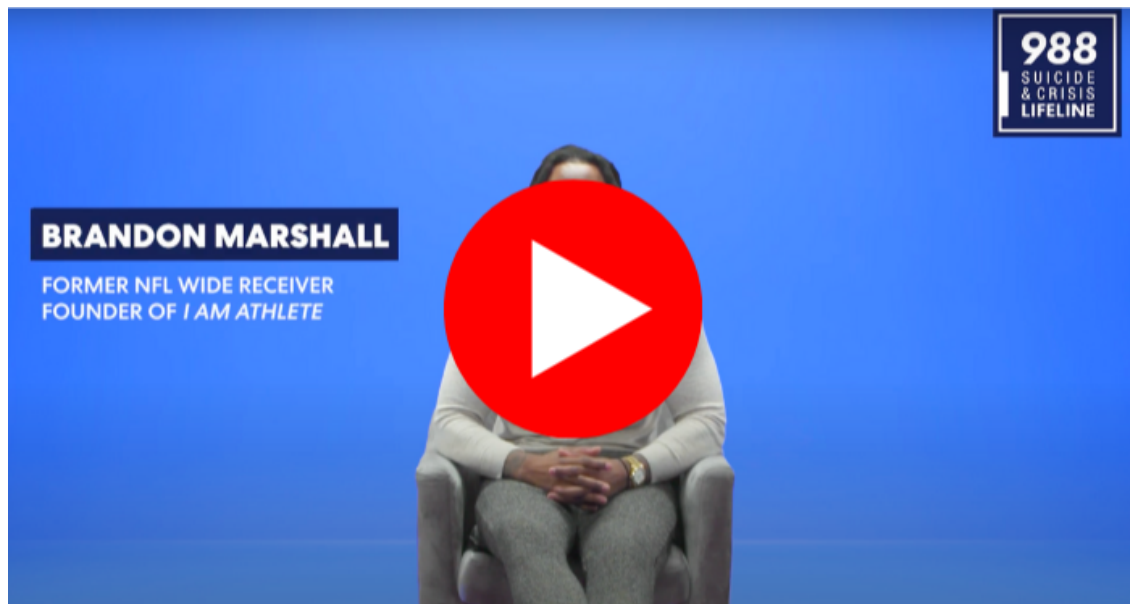
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[Empowering Disaster Response in Puerto Rico: Vibrant Partners with Línea PAS at National Conference](#)

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NFL Star Brandon Marshall is “Doing Things Differently”



Amidst the thrilling game action and captivating commercials over Superbowl weekend, you might have noticed a powerful message flash across your screen: **988 Suicide & Crisis Lifeline**. Brandon Marshall, former NFL wide receiver and dedicated mental health advocate, has championed accessible emotional wellness and mental well-being. Vibrant was honored to partner with Brandon to increase awareness of 988 and share his story.

After signing the biggest deal of his football career in 2010, Brandon ended up at McLean Hospital in Boston with a diagnosis of borderline personality disorder. He underwent a three-month admission and adopted a new approach to mental health. It was in treatment that he learned to assess his emotions and approach mental health like a form of fitness.

"There's a lot of stigma around mental health, so I like to do things differently," he explained. "New movements come with new language, so I call it mental fitness."

"This is the most important conversation taking place. Mental health touches everyone. If it's not you, it's your loved one, your child, your neighbor, your co-

As we celebrate Black History Month, we honor leaders like Brandon, who share their own experiences to champion that mental health matters. His advocacy inspires us to seek help, embrace recovery, and speak out about our experiences. Thanks to dedicated partners like Brandon Marshall, Vibrant is able to deliver comprehensive services to millions of people when, where, and how they need it. Brandon said: "If I had 988, it probably would've gotten me to a healthier state faster."

We want everyone to know about 988. Please tell someone about 988 today!

Grand Opening of our New National HQ



Vibrant proudly hosted the opening of our new national headquarters that fosters employee wellbeing and innovation on February 8th. The state-of-the-art facility at **80 Pine Street, New York, NY** will serve as a hub for advancing mental health initiatives and supporting individuals and communities in need. The new space is employee-centric in design, featuring open space, indoor plants, wellness rooms, recreational areas, and meeting rooms, with technology to enhance the work experience for over 900 on-site and remote staff.

advocates, community leaders, elected officials, and representatives from diverse sectors joined in support.

[Read More](#)

Realty & Resilience: Vibrant Collaborates with WX Women of NY for a Holistic Wellness Workshop



Krystalyn Kass, AVP of Vibrant's Center for Learning and Development, led a tailored "Staying in Balance Workshop" for [WX Women of New York Executives in Real Estate](#).

This transformative session equipped participants with tools for holistic well-being and work-life balance in the fast-paced real estate industry. WX Women of New York, which is dedicated to advancing women in real estate, embodies empowerment and advocacy.

Vibrant remains dedicated to fostering a culture of inclusivity and belonging, not only within our own organization but also through meaningful partnerships like WX. Together, we strive to break barriers, inspire change, and create a more equitable future for all.

Empowering Disaster Response in Puerto Rico: Vibrant Partners with Línea PAS at

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PUERTO RICO VOAD CONFERENCE



Christian Burgess, Director of the [Disaster Distress Helpline](#), recently visited Puerto Rico to present at the 2024 [Puerto Rico VOAD](#) (Voluntary Organizations Active in Disaster) conference. He took the stage alongside the Director of Línea PAS - 988's call center partner - Dra. Monserrate Allende-Santos. **Vibrant was a title sponsor of the conference which hosted over 100 providers working across Puerto Rico in disaster preparedness, response, and recovery.** The conference shone a light on emotional, spiritual, and mental care in times of crisis. As leaders in the field, Vibrant was thrilled to drive the conversation surrounding disaster response at *Disaster Emotional Care Never Phases Down: 24/7/365 Crisis Resources for Puerto Rico from Línea PAS and the national Disaster Distress Helpline.*

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Has Vibrant Emotional Health made a positive impact on your life? We want to hear from you!

Whether it's a moment of clarity from a counseling session, a breakthrough in managing your emotional well-being, or a supportive community that lifted you up during tough times, our experiences matter and have the power to inspire others who may be facing similar challenges.

By sharing your journey, together we can spread hope, resilience, and healing to individuals across the country.

Send us your story today, and let your voice be heard. Thank you for being a part of the Vibrant community.

Share Your Story

Vibrant in the News

["Climate disasters leave people 'anxious and isolated.' This hotline takes their calls"](#)

E&E News by POLITICO

["That's our mission: How 988 Oklahoma Provides a Lifeline for Oklahomans of all abilities"](#)

News9

["Calls to 988 Suicide & Crisis Lifeline have doubled in West Virginia over last year"](#)

EWSAZ3

["988-Hotline Counselors Air Concerns: More Training Needed to Juggle a Mix of Calls"](#)

KFF Health News

["988 suicide and crisis lifeline displayed on state websites"](#)

KXNET

["How 988 saved an Oklahoman's life and inspired her to advocate for accessible mental health resources"](#)

The Oklahoman

["Shedding the Stigma Speaking out About Mental Health"](#)

NBC Sports

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Oklahoma City Sentinel



Let's get social!



V!brant
Emotional Health

Hope Happens Here.

Did you know Vibrant has earned the 2023 Gold Seal of Transparency on GuideStar? Check out our nonprofit profile by clicking on the seal below.



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