



Vibrant Emotional Health

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Vibrant Emotional Health Receives Grant from The New York Community Trust

The grant will fund a two-year project to support the healthy emotional development of New York City's infants and toddlers

NEW YORK, NY (April 27, 2023) – [Vibrant Emotional Health \(Vibrant\)](#), one of the nation's leading mental health organizations and the nonprofit administrator of the national 988 Suicide & Crisis Lifeline, announced today that it has received a \$225,000 grant from The New York Community Trust for a two-year project to support the development of a citywide Circle of Security (COS) Consortium.

The grant will help Vibrant build the capacity of New York City child- and family-serving nonprofit organizations to provide Circle of Security training for parents and caregivers of young children aged 0-5 years. This evidence-based training has been proven to improve relationships between caregivers and their children, enhancing healthy early development and emotional regulation and well-being of these children as they begin early education. The intervention helps parents or family caregivers support their secure relationships with their children and can help reduce children's emotional distress. It can be delivered by non-clinical staff and provides practical information on child development and easy-to-use tools to learn and practice techniques to build healthy relationships.

Vibrant has a significant history of providing behavioral health and family support services, engaging in capacity-building efforts and providing technical assistance to New York City's nonprofit community. From 2016-2020, Vibrant operated a Parent Coaching Program focused on offering Circle of Security training to caregivers in the Bronx, Manhattan and Queens. Over this period, Vibrant provided nearly 80 Circle of Security trainings for caregivers per year, serving more than 2,700 families, and observed firsthand the value of the COS training to support caregivers of very young children.

"Families need easy, readily accessible interventions if the city is going to mitigate today's crisis of emotional and behavioral problems exhibited by infants and toddlers," said **Irfan Hasan, Deputy Vice President for Grants at The New York Community Trust**. He added, "Vibrant Emotional Health—which has been a partner in our work for more than two decades—is well-suited to help the city's nonprofits get this effective training to the families who need it. We are glad our grant can help them carry out this important work."

Kimberly Williams, President and CEO of Vibrant Emotional Health, said, “We are so grateful for this grant and look forward to promoting Circle of Security training across New York. Supporting strong and secure attachment between parents and caregivers and their children during their formative early years is critical to children’s long-term emotional well-being and ability to develop to their fullest potential. Vibrant is confident that, through our strong background supporting mental health training and providing technical assistance to local organizations, we will effectively utilize this grant to assist New York City’s children and families.”

To learn more about Vibrant Emotional Health, visit www.vibrant.org.

About Vibrant Emotional Health

For 50 years, Vibrant Emotional Health has been at the forefront of promoting emotional well-being for all people. As leaders, advocates, educators, and innovators in mental health, we have been raising awareness and offering support to everyone who is struggling. We work every single day to help save lives and assist people to get care anytime, anywhere and in any way that works for them. We are unwavering in our belief that everyone can achieve emotional wellness with the right care and support. As part of our work, we administer the 988 Suicide & Crisis Lifeline, funded by SAMHSA, which provides 24/7, free, and confidential support for people in emotional distress across the United States. For more information, please visit www.vibrant.org. Follow Vibrant on [Twitter](#), [Facebook](#) and [Instagram](#).

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