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**Grand Opening Event for  
Family Resource Center of Western Queens & Adolescent Skills Center:  
Programs help families / youth with emotional challenges**

NEW YORK, NY – March 20, 2013 – The Mental Health Association of New York City (MHA-NYC) is pleased to announce that our Family Resource Center of Western Queens and the Queens Adolescent Skills Center have moved to a new and convenient location in Long Island City . In celebration of this event, there will be a grand opening ceremony to be held on **Thursday, May 9, 2013 from 2:00-4:30pm, at 29-46 Northern Blvd.**

MHA-NYC's Adolescent Skills Centers (ASCs) in the Bronx and Queens provide supportive environments where youth with emotional challenges attend GED and vocational skills classes and receive other services to help them make a successful transition to adulthood. "This program brought my grades up in six months- my reading and math went from a 3<sup>rd</sup> grade level to a 6th grade level," said Sarah N., a participant in the Queens Adolescent Skills Center program.

Our Family Resource Centers (FRCs) in the Bronx, Manhattan, and Queens offer peer to peer support, advocacy, parenting classes and help to guide family members and caregivers in navigating the child and adolescent service systems. All services provided by the resource centers are offered in English, Spanish, Mandarin and Cantonese.

"MHA-NYC's Adolescent Skills Center's and Family Resource Center's embody our commitment to providing families and youth with the support, information, services and skills they need to reach their goals," says Kathryn Salisbury, Vice President of Programs at MHA-NYC. "By locating these two programs under one roof we are able to make complementary services readily available to families and youth."

The grand opening is **2:00pm on May 9, 2013 at 29-46 Northern Blvd.** To RSVP, please email [jwillinger@mhaofnyc.org](mailto:jwillinger@mhaofnyc.org).

Visit our services page online at: [www.mhaofnyc.org/service.aspx](http://www.mhaofnyc.org/service.aspx)

*MHA-NYC is a non-profit organization that addresses mental health needs in New York City and across the nation. It is a local organization with national impact and has a three-part mission of services, advocacy and education. For over 40 years, MHA-NYC has identified unmet needs and worked to develop culturally sensitive services and programs to improve lives while promoting the importance of mental wellness. [www.mhaofnyc.org](http://www.mhaofnyc.org)*

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