

**MENTAL HEALTH ASSOCIATION OF NEW YORK CITY, INC.**

**JOB DESCRIPTION**

**DEPARTMENT / PROGRAM:** Department of Children and Families/ Circle of Security Parent Coaching Department

**TITLE OF POSITION: MENTAL HEALTH CONSULTANT – Full Time**

**Role and Responsibilities:**

- To identify, assess, support and refer parents registered and attending all parenting classes who may be struggling with mental health issues.
- Provide parents with individual support, identify issues and resources
- Attend classes where Parent Coach Facilitators will introduce attention and awareness of mental health
- Meet with parents individually and/or in groups to provide support:
  - psychosocial group
  - mutual aid
  - guest speaker
  - COS graduate group
- Identify barriers to parents receiving mental health services: ex. insurance, referral, co-pay, language
- Submit monthly reports detailing work completed including status of referrals for parents, barriers to treatment, levels of services and other reports as requested.

**Preferred skills:**

Ability to apply astute clinical assessments in community settings

Non-traditional approach to assessing parents through strength based and person centered approach, Ex: Being able to talk to parents casually about their life and obtain information rather than a more linear and clinical format.

Group facilitation skills in different modalities: psychosocial, mutual aid, COS graduates, concrete service empowerment

**Qualifications and Education Requirements**

**Education:** Already trained or scheduled to be trained as a Circle of Security Parent Coach, Licensed Master Social Worker, Psychologist, Mental Health Counselor, or Registered Psychiatric Nurse (Bachelor's Level)

**Experience:** Minimum of 5 years clinical experience working with children and families

**Language:** Be Fluent in English and Spanish- Read, Write, and Speak

**Skill set:** Ability to identify and organize parents referred for additional support from approximately 1,500 parents across the Bronx, Manhattan and Queens. Proven verbal and written communication skills, be organized, manage time commitments appropriately

**Documents:** Licensure in a clinical field (LMSW, LMHC), Circle of Security Certificate, government issued photo ID and Social Security Card.

Please send resume via email to:

**amora-vargas@mhaofnyc.org**

**Please Include on your email subject line: 'COS – Mental Health Consultant'**